

Components of a remodelled reablement service

- Home Care Staff. The existing Reablement Service consists only of former care workers albeit they have had some training in Reablement skills. Experience in other local authorities clearly shows that the outcomes from the Reablement process benefit from having additional skills and capability within the team.
- Occupational therapy (OT) input is considered essential. It is considered that a minimum of one OT would be required initially but this requirement may increase to two as the service is expanded.
- Telecare. There is also an opportunity to take advantage of the benefits of telecare within Reablement. Customers in Reablement undergoing ongoing assessment could be equipped with telecare equipment as part of the solution to their care needs. This in itself could easily reduce dependency, admission to hospital and long-term care as well as improved quality of life for the customer. CYC is fortunate in having a well developed telecare service.
- Care management. Attachment of some care management staff would be required to support the flow of customers through the system.
- Placement capacity. It is critically important that there is a flow through the system at the correct pace in order that the system can operate at peak efficiency without waiting lists and without customers staying beyond six weeks. Some authorities operate a clearing house approach to the arrangement of home care packages. All of the arrangements are made by a small specialist team who are fed all referrals for home care support and would have responsibility for ensuring that care is arranged in a timely way so as not to cause blocks in the Reablement system. With smaller staff numbers involved relationships with providers also becomes more consistent and flow of performance data such as numbers waiting to go into Reablement or leaving Reablement, becomes more consistent and accurate.